

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Gareth Frost**

Has successfully participated & completed the

**26km Thanksgiving Sportive**

held at Grootvlei NG Kerk.

**TIME 01:02:55**

**PACE 24.79km/h**

**GENDER 3 of 16**

**OVERALL 3 of 27**

**VETERAN (40- 2 of 4  
49)**



10 November 2018, Sat

Date



BoutTime

Signature